

RETRIEVING A SUBMERGED ITEM

As much as I like swimming, my favorite thing to do at the pool is to have my dad throw an object into the pool and have me dive in and retrieve it.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Have an adult throw a small, sinkable item into the pool for you to retrieve. Successfully retrieve twenty times.

LEVEL E

PERIOD 5

TASK 3

It's a simple game, but it really boosted my confidence in the pool and honed my swimming skills.

When you want to get more adventurous, get a heavier awkward object to retrieve.

When I was in my water safety class we had to retrieve a brick, now that will give you a challenge, I can tell you.

