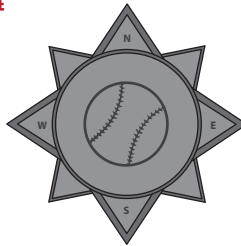


# LEARNING TO RIDE A BIKE

I remember when I first learned to ride a bike. I felt awesome, like I could tackle the world. Let me tell you how I learned.

## FLIP OVER FOR YOUR NEXT CHALLENGE



### EARN THIS NUGGET

You need to be able to ride a bike, turn around, and ride back. Also, talk to your parents about bicycle safety around your house so they know you will stay safe.

LEVEL B

PERIOD 3

TASK 3

1. First of all, my dad took the training wheels and the pedals off my bike and lowered the seat. I thought he was crazy.
2. Next, I got used to scooting the bike around the driveway until I had the hang of balancing, you know - riding without putting my feet down.
3. Then I would balance and steer. I was super excited when my dad told me that I was over halfway to learning to ride a bike.
4. Once I was comfortable scooting and steering, my dad put the pedals back on my bike and I started to get used to pedaling. I discovered that the slower I went, the harder it was to balance.

5. And before I knew it, I was riding my bike and I haven't looked back since.

And here are a few Raccoon safety tips for you:

- Wear a helmet. A fall on your head can be a terrible thing.
- Ride on sidewalks when you can. When you get older you'll want to ride on the road all the time.
- Know the rules of the road.
- Wear bright clothing. The brighter you are, the easier you are to see, and the safer you'll be.

