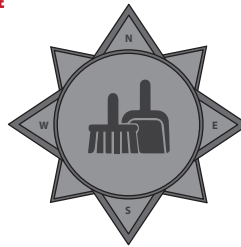


HOW TO IRON A SHIRT

Why on earth has it become fashionable to wear wrinkled clothes? I have no idea. I could be a fashion icon, if that ever happens. That said, learning to iron a shirt, or another item, is essential. Imagine in a few years, you are rushing for an important event, like a job interview, only to discover wrinkled shirts. You have to be able to fix this yourself.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Successfully iron five shirts.

LEVEL I

PERIOD 5

TASK 1

1. First, you are going to need an iron. If it happens to have a steam option, that's even better. If not, you can spray the shirt with water. It'll make a massive difference. BTW, add distilled water to an iron, or you'll find over time, it will clog and start spitting, which can introduce water spots to your ironing.
2. Turn the iron on and let it reach the proper temperature. Be warned; too warm can melt the material, especially man-made fibers. So read the instructions on the iron for heat settings.
3. Start with the collar. Unfold, lay it out flat, and iron both sides.
4. Next, work the sleeves, going from the cuffs upwards. You cannot thread the sleeves onto the board, so here you have to especially careful not to iron in creases.
5. Now, work on the body of the shirt. Start on the button area and work around the shirt, going around from one side to the other.
6. Finally, hang the shirt up. You don't want to put wrinkles back into it. It's a tough thing to get used to, but this is a skill you'll be glad you have.

